

Hawkesbury Parish Council



Supporting each other in Hawkesbury Parish in the event of self-isolation. Have you been told that you need to self-isolate? Do you need some support?

As you know, the UK is significantly affected by COVID-19. The most up-to-date advice for anyone can be found at

www.nhs.uk/conditions/coronavirus-covid-19

Already some of us will have been advised to self-isolate as a precautionary measure.

The Parish Council has agreed to help coordinate members of the Community who require help

If you have been diagnosed or told to isolate by the NHS and you need help with **essential** shopping or collecting medicines, contact **Hawkesbury Community Stores on 01454 238639** retail@hawkesbury-stores.co.uk

Hawkesbury Farm Shop is offering a food delivery service (Karen 07929 947149) and the local pubs are offering take away services.

If you need any other form of help, please contact **Hazel Jones, Clerk to the Parish Council 01454 238074** who will help coordinate members of the Community who are prepared to support people who have been identified by the NHS as having COVID-19, or those who have been told to isolate themselves by staying indoors, or who may need help in any way.

You are not alone; once you have contacted Hazel, a member of our local community coronavirus group will then contact you to try to provide support.

This is not an alternative to the NHS or social services; it will simply be local residents looking after each other.

Public Health England has advised people who are self-isolating to do what they can to avoid visitors to their home. Any deliveries of groceries, medications or other shopping to be left at the door so please ensure that when you are providing support this advice is followed.

If you would be prepared to help a householder as part of a Community Support Group, please let Hazel Jones know so that we can increase the number of volunteers.

Thank you for all your support.